



Sample Nursery Menus

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Lentil soup and a cheese sandwich.  Sausage and vegetable hotpot.	Baked potatoes and beans.  Tuna mayonnaise salad and potatoes	Cottage pie.  Vegetable byriani curry (mild)	Penne pasta bolognaise (vegetarian).  Leek and potato soup with a ham roll	Sweet and sour chicken and rice.  Quorn mince and vegetable casserole
Week 2	Chilli con carni with rice (mild).  Mushrooms and sweetcorn vol au vents	Vegetable broth and cream cheese wrap.  Chicken and bacon with gravy	Savoury meatballs in tomato sauce.  Roast vegetable tortellini bake	Macaroni cheese.  Ham salad with potatoes	Crispy fishcakes.  Cream of tomato soup with a chicken sandwich
Week 3	Chunky vegetable soup and beef sandwich.  Crispy potato wedges topped with salsa sauce and cheese	Grilled hamburgers and onions.  Creamy tomato and basil bake	Oven baked lasagne.  Cream of vegetable soup with a cheese roll	Baked potato with beans.  Roast pork and apple fritter	Roast vegetable topped rosti.  Cauliflower cheese and bacon bake
Week 4	Cheese and onion potato puffs.  Sausage and vegetable casserole	Mild chicken curry and rice.  Vegetarian noodle soup with a cream cheese wrap	Beef olives in gravy.  Mushroom stroganoff	Spaghetti carbonara (vegetarian).  Lentil soup with a ham sandwich	Crispy fishcakes.  Savoury mince and Yorkshire pudding